

Creating Compassionate Awareness for the Journey Home

Center for Soulful Living Training with Rev. Debbi Brown, 602-267-7506, debbibrown@cox.net



Death is a sacred journey that we each will make one day. This experiential training brings soulful presence, wisdom, understanding, clarity and education to the transition process. It can be a one, two or three day training from 9 am – 5 pm, each day. It can also be presented as a weekend training. Debbi will travel to your location at your invitation. It is designed for those who work in the palliative care field; Hospital and Hospice nurses, doctors, volunteers, chaplains, social workers, CNA's, as well as anyone caring for elderly parents or sharing life with someone who has a terminal illness diagnosis. Debbi's style is interactive, experiential and soulfully oriented toward the group and meeting each participant's needs. She brings the blessing of personal empowerment to

all who attend.

First Day or One Day Training

“We need to be aware of the suffering, but retain our clarity, calmness and strength so we can help transform the situation.”

Thich Nhat Hanh, Teachings on Love

The first day is focused on education and wisdom about death and dying and cultivating the power of Compassionate Presence.

- ∞ Distinguishing between Near Death Experience and Nearing Death Awareness
- ∞ How We Die: the Physical, Emotional and Mental Processes
- ∞ Tibetan Teachings on the Dissolution of the Elements and Consciousness
- ∞ That Which Never Dies – Our Infinite Nature
- ∞ Mourning – The Stages of Letting Go
- ∞ Relationship Completion Map
- ∞ Bedside Vigils – Tips, NODA and the 11th Hour Program
- ∞ The Hand-to-Heart Hold – An exercise communicating beyond words
- ∞ Becoming Heart Centered – The Wisdom & Power of Your Heart

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The second day is focused on education about the life of the soul and developing a personal deepening awareness, understanding and embrace of life and consciousness beyond the body.

“When we shift our awareness from self-consciousness -- where fear, impossibility or feelings of separation reside -- to cosmic consciousness, which is in total harmony with the universe and where none of those feelings exist, then anything is possible.”

Rhonda Byrne

Second Day Training

- ∞ Soul to Soul Communication
- ∞ Practicing and Developing Soulful Presence & Making Sincere Connections
- ∞ Understanding Human Consciousness
- ∞ Finding Your Center - The Infinite Well of Inner Peace and Unbounded Identity
- ∞ Conscious Dying Techniques
- ∞ Making Peace with Fear – Learning to Love What Is & the Law of Acceptance
- ∞ After-Life Communication – Beyond the Veil
- ∞ Wisdom Teachings from World Traditions
- ∞ Scientific Studies on the Mind-Body Relationship
- ∞ Discussion of Past Lives, Collective Consciousness, DNA, & Cellular Memory (all belief systems welcome, no definitive answer, open minded discussion)

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The third day is focused on exercises that allow each participant to walk through embracing and becoming comfortable with his/her own death. This training develops courage, releases emotions and helps one move powerfully into grace through community support. It has a Shamanic orientation.

"Death is a stripping away of all that is not you. The secret of life is to "die before you die" — and find that there is no death"
Eckhart Tolle

Third Day Training – Immersion into the Dying Experience

- ∞ The Shaman's Death
- ∞ Unwinding the Chakras – A Shamanic Energy Release Exercise
- ∞ Writing Your Obituary
- ∞ Honoring Your Life
- ∞ Embracing Nature & the Cycle of Life
- ∞ Spirit Release – A Journey into Beyond

About Reverend Debbi Brown, 602-267-7506, debbibrown@cox.net, www.revdebbibrown.com

Rev. Debbi Brown is a professional in the death and dying field. She served as a Chaplain for seven years on a memory care unit. She is the author of a training manual which embraces death & dying as a sacred transition. Debbi is an Instructor in the Spiritual Studies program at Southwest Institute of Healing Arts in Tempe, AZ, a training program she co-developed. She has taught Death, Dying & Hospice classes for over eight years now. She is a certified Soulful Living Trainer, Mentor, and Minister. She also trains Ministers at the *Center for Soulful Living* in St. George, Utah, having co-developed that program as well. Debbi shares a holistic and comprehensive view that will truly delight, inspire and empower you. She incorporates many world teachings and traditions in all of her trainings.

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