

The Journey Home

A New Death & Dying Training for Hospice & Hospital Professionals

Rev. Debbi Brown offers this exceptional, experiential, heart-centered, educational training as a half-, one-, two- or three-day training, according to your needs. It is designed for professionals in the palliative care field (nurses, doctors, certified nursing assistants, social workers, volunteers, etc.) who would like to expand their skills and is also appropriate for anyone wishing to learn more about cultivating compassionate presence and personal awareness during the dying process. Full of wisdom, it will assist you in developing the art of being soulfully, consciously present and assist you clearly understanding the emotional, physical, spiritual, and mental stages of this life transition. Death is a sacred journey we will each make one day.



"You are a very genuine person, and it comes across in the stories you tell and the love and compassion you express... After leaving the event, I felt very good and connected to "something greater" and felt very at peace and in a good place. Not only did I learn a lot intellectually, but I came away from the experience with a wonderful emotional and spiritual component as well. I'm very thankful to have been able to be a part of the workshop and learn and experience all that I did... in all honesty, it's more than words can express."

Bill T. -- Social Worker

Below is a partial selection of various topics on which Debbi has given training. You can select the topics that best suit your organization's needs and desires from this list and through discussion with Debbi. All training presentations are interwoven with information about the latest mind-body scientific studies.

<u>Hospice</u>	<u>Living with a Terminal Diagnosis</u>	<u>Dying</u>
The Value of Hospice	Hope and Fear	Rights of Dying
The Function of Hospice	Emotions of Illness and Dying	Dying Well
Hospice Resources	Saying Good-bye	Physical Process of Death
Eleventh Hour Program	Relationship Completion	Tibetan Process of Death
Bedside Vigils	Final Decisions (Five Wishes)	Near-Death Experience
No One Dies Alone Program	Making Peace	Near-Death Awareness
Elizabeth Kubler-Ross	What Not to Say	Making Peace with Death
From Cure to Quality Care	Grief Rituals	Dying a "Good" Death

<u>The Power of Presence</u>	<u>Grief and Bereavement</u>	<u>Death</u>
Compassionate Awareness	Emotions of Grief	Funeral Preparation
Spiritual Needs & Responses	Responses to Grief	Celebration of Life Ceremonies
Being Fully Present	Emotions of Shock	Home Funerals
Heart-to-Heart Communication	Good Grief – Gifts of Grief	Sudden or Violent Death
Soul-to-Soul Communication	Tasks of Bereaving	After-life Communication
Accepting What Is	Complicated Grief	Conscious Dying
How to Address Suffering & Pain	Anticipatory Grief	The Shaman's Death
Dignity & Respect	Children and Grief	World Wisdom on Death

Debbi will discuss each training event with you to ensure it is designed to meet the specific needs of your organization and audience (e.g. hospital workers, physicians, hospice workers, volunteers, employees, community, etc.). We can review the list of topics and determine which will serve your various audiences best. Manuals and/or other materials that may be produced for the trainings may have an additional modest price to cover the expense of producing them.

Debbi is an experienced and professional speaker and has presented at various conferences, seminars and groups. She has certification in Toastmasters as well as experience in the “Be Heard Now!” process.

Rev. Debbi Brown is a professional in the death and dying field. She served as a Chaplain for seven years on an Alzheimer-Dementia unit where she worked with individuals and their families in the end stage life process. She is a specialist in adult spiritual education and co-developed the Spiritual Studies Program at the Southwest Institute of Healing Arts and is an instructor there, teaching death, dying & hospice classes for over nine years. She is the Program Director for the Center for Soulful Living, co-designing and teaching its ministerial training program. Debbi has experience as a Hugger-Cuddler at Phoenix Children Hospital and as a volunteer for Hospice of the Valley. Debbi shares a holistic and comprehensive view that truly delights, inspires and empowers her audiences. She incorporates current, mind-body research in all her trainings.



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This is a Center for Soulful Living event. www.aboutcsl.com.